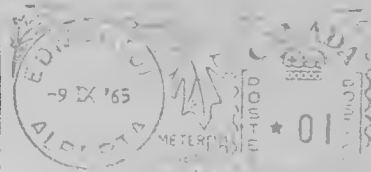


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PERIODICALS DEPARTMENT,  
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UNIVERSITY OF ALBERTA

SEP 13 1965



# RECREATION news

Issued by  
THE RECREATION AND CULTURAL DEVELOPMENT BRANCH

ALBERTA  
DEPARTMENT OF  
PROVINCIAL SECRETARY

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No. 8

## DR. MAXWELL HOWELL ON INTERNATIONAL SPORTS CONGRESS

Dr. Maxwell Howell of the University's Faculty of Physical Education has accepted an invitation to be Canada's sole representative on the Research Committee of the International Congress of Sports Sciences. This committee is composed of some of the world's leading physiologists and physical educators, and is attempting, among other things, to standardize physical fitness tests internationally.

Dr. Howell has also been named one of four Fellows of the Canadian Association for Health, Physical Education and Recreation (CAHPER), an association he has served for the past two years as President.

Currently Dr. Howell is Director of Research for post-graduate studies in Physical Education at the University of Alberta—by far the largest physical education graduate school in Canada.

"There is nothing that can have a greater influence, for good or for bad, upon our whole social fabric than how our growing leisure shall be used".

—Prof. C. K. Brightbill

We Canadians have done a superb job of the business of living; now we must concentrate on the "art of living" to make the "business" truly successful.

—Dr. E. J. Tyler

## HUTTON MEMORIAL AWARD WINNERS



Because of the excellence of their achievement at the 1965 Recreation Leadership School, two winners were selected for the William A. Hutton Memorial Award, presented annually at the School "for outstanding achievement as a student in Recreation Leadership". Shown with the trophy are John Powell of Hanna, and Elizabeth Harker of Magrath.

—photo by Camrose Canadian

# Colour Film Loops on Athletics Available to Groups, Communities

The Recreation and Cultural Development Branch has recently obtained several series of 8 MM instructional film loops that are available for use of communities and associations throughout the province. These loops, along with projectors, may be obtained upon request, by contacting the Supervisor of Athletics, 424 Legislative Building, Edmonton, with the only expense to the association being the return shipping charges of the projector and loops.

The loops are in color, are excellent instructional aids and operation of the projector is convenient and simple with instructions being attached to the case.

You are encouraged to take advantage of these fine visual aids.

Film loops available:

## **MEN'S TRACK AND FIELD**

High Jump  
Broad Jump  
Discus Throw  
Shot Put  
Javelin Throw  
Hop, Step and Jump  
Sprints  
Middle Distance Races  
Long Distance Races  
Visual Relay Pass  
Blind Relay Pass  
Low Hurdles

## **GIRLS' AND WOMEN'S TRACK AND FIELD**

Sprints  
Quarter-Mile Run  
Low Hurdles  
Shot Put  
Discus Throw  
High Jump  
Broad Jump

## **TENNIS**

Service  
Forehand Drive  
Backhand Drive  
Over-Head Smash  
Lob  
Volley

## **GIRLS' AND WOMEN'S GYNASTICS**

### **Free Calisthenics**

Beginning Skills No. 1  
Beginning Skills No. 2  
Intermediate Skills No. 1

Intermediate Skills No. 2  
Advanced Skills No. 1  
Advanced Skills No. 2

### **Balance Beam**

Beginning Skills No. 1  
Beginning Skills No. 2  
Intermediate Skills No. 1  
Intermediate Skills No. 2  
Advanced Skills No. 1  
Advanced Skills No. 2

### **High-Low Bar**

Beginning Skills No. 1  
Beginning Skills No. 2  
Intermediate Skills No. 1  
Intermediate Skills No. 2  
Advanced Skills No. 1  
Advanced Skills No. 2

## **GOLF**

### **Full Swing**

Wood  
Middle Iron  
Short Iron

### **Approach Shots**

Pitch  
Pitch and Run  
Sand  
Putting

## SUMMER SYNCHRONIZED SWIM FESTIVAL AUGUST 28

The Third Annual Summer Synchronized Swim Festival sponsored by the Alberta Amateur Synchronized Swimming Association, will be held on Saturday, August 28, 1965, at 7:30 p.m. The Festival will take place in the North Branch of the Y.M.C.A., located at 635 - Northmount Drive, Calgary. This demonstration is restricted to summer clubs only, and any summer club interested may make application to:

Mrs. Frances Samson,  
87 - Holden Road S.W.  
Calgary, Alberta.

## 1965 - 66 ARTS and CRAFTS COURSES

The 1965-66 Arts and Crafts program is now complete, and details regarding the courses offered are now available. For full information and lists of courses, contact:

Arts & Crafts Division,  
Recreation & Cultural  
Development Branch,  
424 Legislative Bldg.,  
Edmonton, Alberta.

## 6th Annual Municipal Recreation Boards

# W O R K S H O P

WILL BE HELD IN

**BANFF**

**OCTOBER 29, 30, 31, 1965**

Theme:

**"EDUCATION FOR LEISURE"**

A Workshop for Representatives from Recreation Boards  
and School Boards

RESOURCE LEADER

PER STENSLAND, University of Saskatchewan

Further Details Will Appear in the September Issue of "Recreation News"

## RECREATION ADMINISTRATION SCHOLARSHIP WINNERS

### Scholarships



**Mrs. Nola  
Breitkeutz  
Edmonton**



**Miss Shelagh  
Pike  
Edmonton**

### Grants



**Mr. Gerald  
Allan Bruce  
Edmonton**



**Miss Lois  
Elizabeth Bird  
St. Albert**



**Miss Lawrene  
Patricia Collins  
Edmonton**



**Mr. Jeremy  
Paul Beauregard  
Edmonton**



**Miss Karma  
Kay Hirsche  
Edmonton**

## ATHLETICS SUPERVISOR APPOINTED



**Emmett Smith**

The Honorable A. Holowach, Provincial Secretary, has announced the appointment of Emmett H. Smith as Supervisor of Athletics and Outdoor Education for the Recreation and Cultural Development Branch. Mr. Smith was born in Saskatchewan, attended grade schools in Weyburn and Regina, then he accepted a scholarship at Brigham Young University, where he obtained his Bachelor and Masters Degrees in Physical Education and Recreation Education. While attending Brigham Young University Mr. Smith competed as a member of the Brigham Young University track team, was team captain during his senior year, competed in Europe, was selected to represent Canada at the Brit-



**Lorne Wood**

ish Empire and Pan American Games in 1962-63 and received a graduate assistantship during his graduate study.

He has worked for the Saskatchewan and Federal Governments as well as the YMCA organization, and taught in the Physical Education Degree Programme during his graduate study at Brigham Young University.

Mr. Smith will take up his duties with the branch in August, with his headquarters in Edmonton.

Mr. Smith will be succeeding Mr. Lorne Wood who is leaving the Branch to take a Physical Education post with the St. Albert School Board. The Branch extends to Mr. Wood its very best wishes.

## SYNCHRONIZED SWIM CLINIC FOR COACHES PLANNED IN CALGARY

The Alberta Synchronized Swimming Association in cooperation with the Recreation and Cultural Development Branch and the Calgary Recreation Department will hold a course for potential coaches of synchronized swimming in Calgary on the weekend of September 26.

The course will be conducted at Level One of synchronized swim coaching so anyone interested in this activity is encouraged to attend.

Registration fee will be \$1.00.

Further information and application forms may be obtained from:

Mrs. Frances Samson,  
87 Holden Road S.W.,  
Calgary, Alberta.

or:

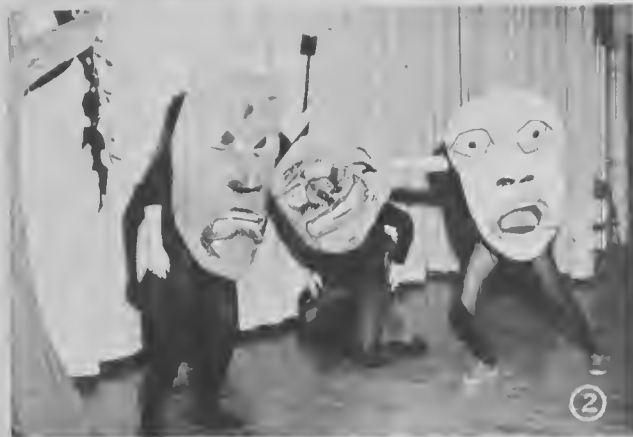
Supervisor of Athletics,  
Room 424, Legislative Building,  
Edmonton, Alberta.

DEADLINE FOR APPLICATIONS IS  
September 20, 1965.

## R. L. S. '65 HIGHLIGHTS

1. Mosquito—Alberta size.
2. "Lost Lemon Mine"—the nightmare.
3. Last minute instructions.
4. The "Lost Lemon" cast in action.
5. Finishing touches to "Ookpik".
6. A life-saving class.
7. Hutton Award winner does his stuff.

# HIGHLIGHTS OF R.L.S. '65





# 12 REASONS Why Recreation Boards Play a Vital Role in any Community

8. Recreation Boards are responsible for expressing and viewing an issue from many sides.

8th in a series of 12 from the  
Recreation & Cultural Development Branch.

## National Fitness and Amateur Sport Undergraduate Scholarships and Bursaries

The National Fitness Directorate through the Recreation and Cultural Development Branch is offering financial assistance up to \$500.00 to students wishing to further their education in the area of Physical Education or Recreation.

### SCHOLARSHIPS

- Are available to undergraduates enrolling in the **first year** of a program leading to a Bachelors Degree in Physical Education or Recreation in a recognized university in Canada.
- Are awarded for academic proficiency with a minimum of 70% matriculation average being required in order to be eligible.

### BURSARIES

- Are available to undergraduates enrolling in the **first, second, third or fourth** year of a program leading to a Bachelors Degree in Physical Education or Recreation in a recognized university in Canada.
- Are awarded on a combination of **need and academic proficiency** with need receiving primary consideration.

Applications and Information Available from:

**ATHLETICS AND OUTDOOR EDUCATION DIVISION  
RECREATION AND CULTURAL DEVELOPMENT BRANCH  
ROOM 424, LEGISLATIVE BUILDING  
EDMONTON, ALBERTA**

**DEADLINE FOR RECEIVING COMPLETED APPLICATIONS: OCTOBER 1, 1965**

## Dates to Remember

August 21-22 — Canadian Decathlon Championships, Lethbridge.

August 28 — Summer Synchronized Swimming Festival, Calgary.

September 4-5 — Alberta Swimming Championships, Red Deer.

September 12 — Northern Alberta Track and Field Championships, Edmonton.

October 3 — City Cross Country Track and Field Championships, Edmonton.

October 29-31 — Recreation Board Workshop, Banff.

## RECREATION BRANCH HAS OMEGA TIMERS FOR SPORT EVENTS

The Recreation and Cultural Development Branch with assistance from the National Fitness Directorate has purchased 24 Olympic caliber Omega Split Timers that are available for use throughout the province.

As there is considerable demand for the timers at certain periods of the year, requests for their use should be made as early as possible in order to avoid disappointment. Where conflicts do arise, priority will be given to National Championships followed by Provincial Championships and then regional and local events.

Requests for the use of the timers must be made by a responsible person and should be directed to the Supervisor of Athletics, 424 Legislative Building, Edmonton, Alberta.

## RECREATION AND CULTURAL DEVELOPMENT BRANCH

### PURPOSE

The purpose of the Branch is to assist communities with the organization and operation of broad recreation and continuing education programs that offer opportunity to all; and to encourage talented residents of the province, so that they may best realize their own potential and whenever possible, give leadership and service to their community, thus contributing to the cultural development of the nation.

The Branch offers leadership training, consultative services and financial assistance to communities in developing organization and program.

The staff of this Branch will be pleased to offer you any assistance when requested. Use their knowledge to help build your community programs and citizens.